



Walk with ME

By: Paige Tighe
September 26, 2012 — May 18, 2013 / a collection of performances and reflections

California / Massachusetts / New York / Pennsylvania / Maryland / Washington D.C.
North Carolina / Georgia





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Introduction: By Paige Tighe

It started in a spa. A classy one in Santa Monica. I was getting loofahed head-to-toe. As the woman, slathered oil on me, she would pass her hand over my hand. What I noticed was that the palm of my hand was just radiating with energy. Pretty much aching with it. I thought I would love to hold this woman's hand.

In that moment, I thought, I need to do a project about this feeling. This is the project that has come from that moment. I am slowly working up to silent walks but for now I am enjoying getting lost in people's stories and my own. Once I started holding hands, my art career started to go the right way. My life started going in the right direction. It didn't hurt anyone for me to follow my dreams. I had to ask for help and people gave gladly.

Walk with Me
Exercise 2
Yippiness Project





I. CALIFORNIA

WALK 2 DANIEL

How walks build a bond with
the other. As they walk along
in a rhythmic flow together
it's an intimate being there
that will be bonding.

In reaching myself, I am not
walking about in a separate place
as you just walk with me and
you don't feel you are walking
but you find yourself bonded
to me and deeper, real, and
then the walk becomes
a journey you wanted
and wanted to include that
in that journey. (see next)



The past we follow to you
whom you love, we will
always be concerned for your
a long time, I feel want
for it to be as we care
about a hand that you care
will always be the best friends
Never leave for anything
2016-08-18

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Relationship: Daniel was an undergraduate student when I was a graduate student. We became friends because of Daniel's intense passion for art. I don't know exactly when or where we met but we became friends and would see each other at parties. Then we would go out for dinner from time to time.

Daniel supports me through facetime chat and text when things get rough. We both get each other into art events and tickets to when things are exclusive. Dan is a cheerleader for my art career and me for his.

Walker's Observations: Daniel notices we are nervous. Daniel uses his writing space to support me in finding love and nurturing myself. The walk reminds him "that life is love."

Final Reaction: It was incredibly interesting that in our walk it was so difficult. As we are such close friends, it was strange that we were both so nervous and had a hard time connecting on a somatic level.

It became a normal pep talk from me from Daniel, and it felt like we didn't go a deeper level than that. I used the words reserved to describe the walk in my notes. But over time of the walk, I do think they got deeper and we settled into the walk. Though agitated, it was wonderful to be in love with Daniel, as always.

WATKINSTON, OH / Monday, October 1, 2018
Daniel met me at work at Ohio College of Art and Design and we walked in the park across the street. We walked around the park in a curvy sort of way, going by the skate park along the walkway and through the parking lot.



Walk with ME
Daniel

Daniel and I are also friends, so full very much into a power dynamic
lately, concerning, holding up my hand without my other contact.
The day
was not right, our conversations were not as strong. The day
was hot and sunny. The park was very noisy. My walls
were hot from outside. Sun 205, 200 and warmer.
I was a mixture of walls of energy's that I had
100% of strength with apprehension afterwards.



Yogi's response was very open and honest. I felt like he was being very real with me. He said he was a bit nervous at first, but once we got past that initial awkwardness, he became more relaxed and comfortable. We talked about his art projects and how he has been working on some new ones recently. I asked him if he had any advice for artists who are just starting out. He said, "Just keep creating and don't be afraid to show your work to others. You never know what kind of feedback you might get, but it's important to stay true to yourself and your vision."

Relationship: I met Yogi through Larissa. We had been friends for three years and had a lot in common. We do a lot of walking together and have had many great conversations. Yogi is a very kind and thoughtful person, and I feel lucky to have him in my life.

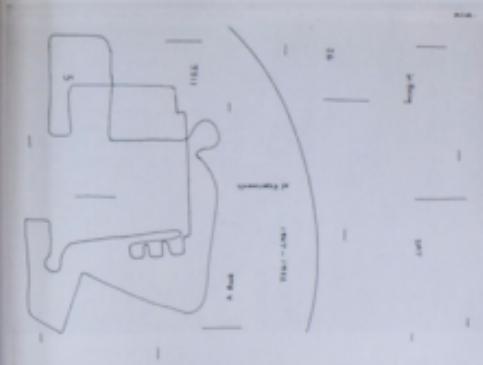
Walker's Reaction: "A Book of Experience on Being." Alive.

Final Reaction: Yogi put thought into his walking route. We went to a Culver City gallery and spoke about the art inside. It was the first walk that went inside. We also bought an ice cream while holding hands. As I wrote, I felt like I was a stolen gift to get to walk with Yogi.

He is married and I got to meet his wife. I held his hand. This walk seemed to have no absence of touch. As for a lot of it I didn't feel like I was holding his hand, but I felt more than connected to him. So even though the absence of touch, it was more than

In one way Yogi was the most intense of walkers and in another way the most grounded. Maybe it was because he did just agree that my art was important and instead explored it. He was 100% present the walk. Yogi and Carol were at my going away party and I hope to be crashing on their couch for years to come.

CULVER CITY, CA / Wednesday, January 26, 2011
Lower right at his studio in Culver City. We went to a local gallery, Susanne Vielmetter and visited at the beachside. We then walked around outside. We found a tiny outdoor library and had some coffee. We went to Roschitta and bought an ice cream sandwich with gluten free cookies.



WALK 19 TRACEE

Tracee Ellis Ross

Handwritten notes by Tracee Ellis Ross, including a sketch of a heart.

Relationships. Tracee is a natural
leader in the room, but, like most
of us, I feel most at home when I'm
alone. I have a lot of friends, but I
have a few close ones who I can
share my deepest thoughts with.
I have a really good friend named
Kathy, and we just had our 20th
anniversary. We've been through so
much together, and she's always
there for me. She's a great person.
She's funny, she's kind, and she's
always there for me.

Final stretching. Walking is
swearingly slow. Our group was
so different. One girl was
practicing and doing stretches
that were very different from
me. I liked and talked with a
woman who was talking about
what I mentioned earlier. After
she came to me and the small group
she came to me and the small group
in general it is a pleasure. I did
not feel any better effect though.

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WALK 19, CA / LOS ANGELES December 2012
Photo: Michael Hickey / Getty Images





WALK 25

JAMES A. COOK
CATHEDRAL CEMETERY, APRIL 15, 2012 / CAMBRIDGE, MASS.



WALK WITH ME / MASSACHUSETTS

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WALK 25

JENNY & DAN
Wednesday, April 15, 2015 / CAMBRIDGE, MA



WALK 30 ROCHELLE + LUCY



WELL WILLOW / MASSACHUSETTS

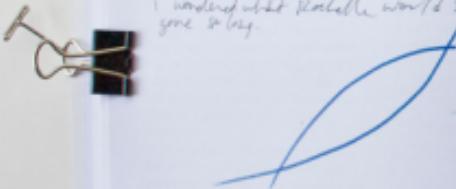
at DUXBURY, MA / Wednesday, April 22, 2015
From Rochelle's house we walked down to the shoreline path. We walked over
the bridge to a rocky park on the N.E. which I believe was Stage Fort Park.



It was really comfortable to walk all the way. We are closer in height and he was able to keep up most of the time. We went on trails and it didn't really have any trouble getting around. It was very good with his body which was nice.

Jeremiah would look at the map and still hold my hand, which I appreciated.

It was a super long super�aise walk though uncomfortable in how much I enjoyed it. I wondered what Rebelle would think if it was gone so long.



I liked how we spent extra time in front of "Spanish Park." There were rocks with inscriptions on it that are quite old and considered in the 30s. It was a really long walk of Jeremiah on this walk reminds me of how much I like him.

oliver Kelly-camping



WALK 43 JANIE



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WALK WITH ME / NORTH CAROLINA

DURHAM, NC / Thursdays, May 9, 2013
I went to an event at Durham Durham, including checking out the Lucky
Pecan smoothie truck. We stopped at a coffee shop, Caffeine Connection to
share our observations.



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